

LORRAINE LEVY, PhD

lorrainelevyphd.com | linkedin.com/in/lorrainelevyphd | lorraine.levyphd@gmail.com

Dedicated to helping individuals rediscover their inner voice, make sense of their experiences, and navigate meaningful change. With a foundation in Jungian and archetypal studies, Dr. Lorraine Levy brings both scholarly expertise and a compassionate, client-centered approach to her work, fostering resilience and transformation.

With over a decade of experience in teaching, mentoring, and curriculum development, Lorraine has worked across diverse educational and therapeutic settings. She has guided counselors-in-training, designed inclusive curricula, and created environments where individuals feel seen, supported, and empowered. Whether in a classroom or a therapeutic setting, her work is grounded in deep listening, cultural sensitivity, and a commitment to fostering transformative growth.

Depth **Psychologist, Educator**

• Integrated Wellness **Guide** •

Retreat and Therapeutic Process **Facilitator**

key contributions

Therapeutic Process Leadership, Retreats

Rehabilitation Program Design, Facilitation

Integrative Wellness Counseling, Education

K-12, Middle and High School, College and Graduate-level University Students, Adult Education

select experience

Contract, *Therapeutic Process Leadership, Retreats – Rehabilitation Program Design, Facilitation – Integrative Wellness Counseling, Education*
LorraineLevyPhD.com, Moon the Luna2025-Present

Psychological Wellbeing Practitioner

The Diamond Rehab, Thailand..... 2024-2025

Associate Faculty: Psychology

Evergreen Valley Community College.....2015-Present

Gavilan College..... 2019-2025

Pacific Oaks College..... 2022-2025

San Jose City College..... 2016-2020

Ohlone College..... 2017-2019

Associate Faculty, Graduate-level: Research Methods

Sofia University..... 2022-2025

Instructor, Adult Education, *Credit Recovery, Career Development, Test Preparation*

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|---|-----------|
| Pacific Oaks College | 2014-2016 |
| MetroED..... | 2008-2011 |
| San Jose Conservation Corps and Charter School..... | 2010-2011 |
| Reach Foster Tutoring | 2008-2010 |
| Campbell Adult Education Center..... | 2008-2009 |

Instructor, Middle School, *Language Arts, Social Science, Life Science, Pre-Algebra, English Language Development and Reading*

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| Cupertino McAuliffe School..... | 2006-2017 |
| Saratoga Middle School..... | 2014-2016 |
| Discovery Charter School..... | 2009-2010 |
| San Jose Unified School District | 2008-2009 |

Instructor, Elementary School

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| Cupertino School District..... | 2008-2009 |
| Ocean Grove Charter School..... | 2011-2012 |

leadership experience

Co-Chair: Program Integrated Planning and Review, Resource Allocation Process Committee

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| Gavilan College..... | 2022-2024 |
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Peer Online Course Reviewer, Faculty Support

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| Gavilan College..... | 2018-2024 |
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Zero Textbook Cost Degree Program Collaborator

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| Evergreen Valley College..... | 2023 |
| San Jose City College..... | 2018 |

Committee Member: Academic Senate for California Community Colleges..... 2022-2023

Faculty Liaison: Guide Pathways

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| Gavilan College..... | 2019-2021 |
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Faculty Liaison: Open Educational Resources, Guided Pathways

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| Gavilan College..... | 2020-2022 |
| San Jose City College..... | 2019-2022 |

Career Technical Education Grant Administrator

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| Gavilan College..... | 2019-2022 |
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Learning Resource Coordinator

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| San Jose City College..... | 2010-2020 |
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Union Representative: American Federation of Teachers

Evergreen Valley College..... 2018-2020

Faculty Senate At Large Representative

San Jose City College..... 2019-2020

Budget Committee Member

San Jose City College..... 2018-2020

Evergreen Valley College..... 2019-2020

other experience

Action Sports Facilitator

REI..... 2009-2012

education

Doctor of Philosophy, PhD - Depth Psychology, with an emphasis in Jungian and Archetypal Studies |
Pacifica Graduate Institute, 2021

Master of Arts, MA - Jungian and Archetypal Psychology | Pacifica Graduate Institute, 2016

Master of Arts, MA – Teaching & Learning | Santa Clara University, 2008

Teaching Credential, K-12 - California | Santa Clara University, 2007

Teaching Credential, Social Studies (Single Subject: Middle and High School) - California | Santa Clara University, 2006

Bachelor of Science, BS – Counseling Psychology, Theology | William Jessup University, 2004

Associate of Arts, AA – Liberal Arts | West Valley Community College, 2002

certifications

Creative Commons Certificate | Creative Commons, 2023

Certified MBTI® Master Practitioner | The Myers-Briggs Company, 2019

Leading Edge Certification for the Digital Educator | Santa Clara County Office of Education, 2017

select continuing education

Teacher Training in Canvas and Open Education Initiative | Online Network of Educators, 2025

Introduction to Live Online Teaching and Learning | Gavilan College, 2024

Peer Online Course Review | Gavilan College, 2024

Online Live Ready | Gavilan College, 2024

Saylor Summit, Washington DC | Saylor Academy, 2017

English Language Continuum | Santa Clara Office of Education, 2015

Guided Pathways Model, *Community College Research Center* | American Association of Community Colleges, 2015

Expository Reading and Writing Curriculum, *Teacher Education* | California State University Systems, 2014

Common Core: Independent Studies Teachers and Content Standards | California State, 2013

Our Soul's Code: A Depth Psychological View of Vocation | James Hollis, PhD, 2012

publications

Persephone: A Bridge of Transformation: Through Trauma to Post-Traumatic Growth

Levy, L. (2020, December 21). *Persephone: a bridge of transformation: through trauma to post traumatic growth*. Pacifica Graduate Institute. <https://www.pacifica.edu/dissertation-oral-defense/persephone-a-bridge-of-transformation-through-trauma-to-post-traumatic-growth/>

Effective and Equitable Transfer Practices in the California Community Colleges

Foster, S., Bruzzese, A., Lara, J., Levy, L., Osea, M., & Vega, M. (2020). *Effective and equitable transfer practices in the California*. Academic Senate for California Community Colleges (ASCCC). https://www.asccc.org/sites/default/files/asccc_position_paper_transfer_practices_210525_media.pdf - Psychology Content Creator with Open Author-Levy, L. M. (2020). *Oer Commons*. Create OER with Open Author. <https://oercommons.org/>

select course list

Advanced Research Methods
General Psychology
Human Development
Human Sexuality
Personal Development
Personal Growth
Psychology of Stress Reduction
Psychology of Women
Research Methods

research interests

Dreams in Personal Development
Dreams in the Process of Recovery of Addiction
Mentalization-Based Art Therapy

presentations

Using Dream Journals: A Community College Experience | International Association of the Study of Dreams, 2025

Introduction to Online Teaching | ONE Teacher Training Institute, 2017 and 2025

Canvas Tools and Engaging Learners | Evergreen Valley College, 2016 and 2024

Individuation of the Two Lovers in the Song of Songs | International Jungian Association, 2016

Twilight, Transformation, and Types in Popular Teen Fiction | International Jungian Association, 2015

professional memberships and affiliations

Jungian Society of Scholarly Studies
International Association for the Study of Dreams (IASD)
Philanthropic Educational Organization International
Cinequest
Depth Psychology Alliance
University Alumni Who's Who in College

volunteer experience

International Association for the Study of Dreams

The International Association for the Study of Dreams is a non-profit, international, multidisciplinary organization dedicated to the pure and applied investigation of dreams and dreaming. Our purposes are to promote an awareness and appreciation of dreams in both professional and public arenas; to encourage research into the nature, function, and significance of dreaming; to advance the application of the study of dreams; and to provide a forum for the eclectic and interdisciplinary exchange of ideas and information

Kerkrade, The Netherlands | 2024
Ashland, Oregon US | 2023
Tucson, Arizona US | 2022

San Francisco Jewish Film Festival | 2019

Founded in 1980, the San Francisco Jewish Film Festival (SFJFF), is the largest and longest-running independent Jewish film festival in the world, showcasing bold films and filmmakers that expand and evolve the Jewish story.

Cinequest | 2015 - 2019

Cinequest empowers, discovers, and showcases great film, media, creativity, and technology. Cinequest engages artists and their creations with audiences—forging community, illumination, and joy. Based in the Silicon Valley, Cinequest's powerful integration of creativity and technology inspires and transforms lives. Cinequest produces the Cinequest Film & Creativity Festival, Cinejoy Virtual Festival, and Picture The Possibilities youth programs.

languages

English *native proficiency*

Thai *learner*

Italian *learner*

Hebrew *learner*

Portuguese *learner*